

For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it.

-Mark 8:35

Losing ability to walk is not losing life. Wheelchairs enable people to be out and about contributing to our community. Glasses enable people see better. Encountering impairment and dealing with barriers, can lead to deeper and richer experience of life.

"There is a crack, a crack in everything, that is how the light gets in"

—Leonard Cohen

Think about the ways in which your limitations may help you to appreciate life in new ways.



Lent: How to live more fully